

STUDENT LIFE

Health, Counseling, Disability, and Insurance Services

On-Campus Health Services

A licensed practical nurse is available in the Wellness Center during regular business hours. The nurse provides college-specific nursing care and promotes health, wellness, and preventive care for the student population. Care received in the Wellness Center is nurse-directed and based on physician approved clinical protocols.

All currently enrolled Kettering University students may utilize health services. Services are free with the exception of a small charge for certain vaccinations and screening (TB screening, influenza). Students may drop in during business hours or call ahead to make an appointment. Services and programs include, but are not limited to:

- Treatment of minor ailments and injuries (such as scrapes, colds, flu, minor injuries)
- Advise on effective self-care and well-being
- Drug and alcohol counseling and resources
- Referrals to community healthcare providers
- Stress management
- Wellness workshops

Where appropriate, our LPN and/or counselor will refer students to a physician at McLaren Family Medicine Residency Center, located less than two miles from campus. Kettering University Campus Safety unit will provide transportation to students at no cost.

Off-Campus Health Services: McLaren Family Medicine Residency Center - An Affiliate of Kettering University

3230 Beecher Road, Suite #1
Flint, MI 48532
(810) 342-5656

Business Hours:

8:00 A.M. – 5:00 P.M., Monday, Wednesday, Friday
8:00 A.M. – 6:30 P.M., Tuesday, Thursday

Acute Care Hours:

12:30-1:15 P.M., Monday-Friday (Drop-in; first-come, first-served; time listed is the sign-in period each day - clinic will see all those signed-in that afternoon)

All students, whether referred by the Wellness Center or self-referred, may utilize the services of McLaren Family Medicine Residency Center physicians by making an appointment or dropping by the Acute Care clinic during the posted hours. McLaren will bill students' insurance companies and coordinate insurance benefits and referrals for treatment.

Students must present their Kettering ID and health insurance cards at each visit. Students are responsible for co-payments and uncovered costs.

For after-hours care that cannot wait until the Wellness Center and/or McLaren Family Medicine Center are open, please refer to the Community Resources section of the Wellness Center website [www.kettering.edu/wellness-center] for local urgent care centers. You will need your

identification and insurance card at the visit. Students are responsible for co-payments and uncovered costs.

Counseling Services

The Wellness Center provides individual counseling to students who experience psychological, behavioral, or learning difficulties whenever they occur. Counselors are available by appointment. Students can drop by or call the Wellness Center to make an appointment. Some issues that a counselor can help with include, but are not limited to:

- Relationship conflicts
- Stress and/or other emotional difficulties
- Grief and loss issues
- Alcohol or other drug use
- Transition to college life
- Harassing and bullying issues
- Workshops on a variety of topics

24/7/365 Student Assistance Program Telephonic Counseling

Confidential counseling is available, 24/7/365, by phone at (855) 774-4700. The Student Assistance Program provides students with the same resources as the on-site counselor and is available to all students regardless of their current location (academic or co-op).

24/7 Crisis Counseling

Crisis counseling is available by phone at (800)273-TALK. Students in crisis (whether on campus, at a co-op assignment or elsewhere) should utilize the Suicide Prevention Hotline; available 24/7, 365 days a year.

Disability Services

Kettering University provides disability services (<http://www.kettering.edu/current-students/student-life/wellness-center/disability-services>) in compliance with the American with Disabilities Act (1990) and its amendments, along with state and local regulations regarding students, employees, and applicants with disabilities. Under these laws, no qualified individual with a disability shall be denied access to participation in services, programs, and/or activities at Kettering University. In carrying out Kettering's policy regarding disabled students, employees and applicants, we recognize mobility, sensory, medical, psychological, and learning disabilities. We attempt to provide reasonable accommodations for these disabilities for all students who meet the criteria described in the Americans with Disabilities Act.

Any Kettering student who has been diagnosed with a physical, medical, psychological, or learning disability, or suspects that s/he may have one, must contact the Wellness Center. The staff will evaluate the required documentation in support of the claim of disability and make an assessment of a student's needs on a case-by-case basis. The Wellness Center will then determine the appropriate services and accommodations necessary to meet the legal requirements as required by law. The Center will inform faculty and staff who may be responsible for providing the services and/or accommodations. Each term, students must meet with each professor to arrange individual accommodations.

Prospective students in the admissions process should contact the Wellness Center (<http://www.kettering.edu/current-students/student-life/wellness-center/wellness-center>) as soon as possible to discuss appropriate documentation needed to verify a disability and to identify

the type of services, accommodations, and adaptive equipment that may be necessary.

Mandatory Health Insurance

Kettering University requires all enrolled students to carry health insurance coverage. Students are automatically enrolled into the Kettering student insurance plan and must provide proof of insurance to waive out of it. Students who have coverage through their parents or other means must provide proof of health insurance once a year through a third party, Consolidated Health Plans (CHP), which verifies coverage through their online system. Students who fail to provide proof of health insurance through the verification process will remain enrolled in the Kettering Student Health Insurance Plan and will be responsible for associated costs. The University will make no exceptions. For further information, students and parents may contact the Wellness Center at (810) 762-9650 or CHP at (877) 657-5030.

Confidentiality

We are not permitted by law to disclose any medical information to a parent or guardian without the consent of the student unless the student is mentally incapacitated or threatens to harm him/herself or someone else. When parents call us with a concern, we contact the student directly to request permission to speak with you. If a student wishes to share medical information with their parents, they must complete and submit to the Wellness Center a Consent for Release of Information, which may be downloaded at the Wellness Center website.

Campus Safety and Other Services

Campus Safety

Kettering University Campus Safety provides 24-hour safety and security services, 365 days a year, to promote a safe learning environment for students. Campus Safety officers provide the following services:

- Student assistance
- Crime prevention
- Complaints and crime investigations
- Emergency management
- General patrol of the Kettering campus
- Information and central communication center
- Security of buildings
- Safety and fire inspections
- Register student and employee vehicles
- Lost and found
- Identification of your valuables
- An escort service for a student or employee leaving a campus building alone at night
- A monthly summary of campus safety activity (published on the Campus Safety website)
- Enforce parking regulations

Kettering University contracts with the City of Flint Police Department to provide around the clock patrols of the campus and the surrounding neighborhood.

In the event of an emergency on campus, DIAL 911 from any campus telephone, or (810) 762-9501, and the Campus Safety Desk Officer will assist you, including calling emergency response personnel.

The Campus Safety office is located on the second (ground) floor of the Campus Center.

The Campus Bookstore

The Campus Bookstore is a Virtual Online Bookstore (<http://bookstore.mbsdirect.net/kettering.htm>). The Virtual Bookstore is operated by MBS Direct for the University. We offer new, used, rental, and digital textbooks, along with links to marketplace sellers. The online store also offers Book Buyback, Guaranteed Buyback, and a selection of Kettering University merchandise.

The Virtual Bookstore accepts VISA, MasterCard, American Express and Discover credit cards, Visa and MasterCard debit cards, as well as PayPal, checks, and money orders.

The C-Store

The on-campus convenience store, generally referred to as the "C-Store," is located in the Campus Center (CC) in the Sunset Café, located in the southwest corner off the Great Court. We offer convenience foods, real milkshakes and smoothies, Starbucks coffee and lattes, along with everyday essentials, "Bulldog Wear" apparel, and merchandise.

Current information including hours of operations may be found on the Kettering Dining Services web site (<https://my.kettering.edu/offices-administration/office-vice-president-administration-finance/auxiliary-services/kettering/our>). We accept cash, checks, VISA, MasterCard, American Express, and Discover credit cards.

Food Services

Kettering Dining Services operates several venues to serve the campus community, including Sunrise Café all-you-can-eat, BJ's Lounge & Grill, Einstein Bros. Bagels, and catering, along with beverage and snack vending machines, etc. All first-year students who reside in Thompson Hall are required to purchase a meal plan during their residency. Meal plans are also available to upperclassmen. Meal plans include an option to utilize gift cards to eat at local Jimmy John's and Buffalo Wild Wings restaurants. Current information including hours of operation may be found on the Kettering Dining Services web site (<https://my.kettering.edu/offices-administration/office-vice-president-administration-finance/auxiliary-services/kettering/our>).

Greek Life

Fraternities and sororities have played an important role in the collegiate experience at Kettering since the school's beginnings in the early 20th century. Currently, nearly 40% of our students belong to Greek organizations, which include 13 fraternities and five sororities. The Greek Life motto, "Civita, Scientia, Officium, Duces," translates to community, knowledge, service, leaders, and describes the four cornerstones of the Greek experience at Kettering University. Greek organizations offer many opportunities to meet new people, build life-long friendships, practice and hone leadership and management skills, and in many cases, to provide a home away from home through available housing. Members are expected to strive for academic excellence and to serve local and national communities by donating time and raising money for a variety of philanthropic causes. See the Student Handbook

Kettering University endorses the College Fraternity Executives Association (CFEA) statement on hazing, which strictly prohibits its use and imposes severe sanctions on Greek letter organizations that engage in it. The CFEA hazing policy is contained in the "Statement of Relationship between Kettering University and Fraternities and Sororities," to which all Greek letter organizations must subscribe. All

activities sponsored by our fraternities and sororities must be consistent with their founding principles, as well as with the educational mission of the University. They must also comply with federal and state laws, and Kettering University policies.

Kagle Leadership Initiatives (KLI)

Through the Kagle Leadership Initiatives (KLI), Kettering students nurture academic excellence and promote urban leadership qualities and civic engagement among Flint area youth and their families to increase college attendance and graduation and foster life-long community involvement. KLI sponsors a variety of enrichment programs and activities, including mentoring, tutoring, coaching, and targeted special seminars such as taking the ACT/SAT, gaining admission to college, finding financial aid, and managing peer pressure and social acceptance. Students who are interested in making a difference in the Flint community are encouraged to apply for Mentor, Coach, or Tutor roles. Application dates vary throughout the year.

Multi-Cultural Student Initiatives [MSI]

The office of Multi-Cultural Student Initiatives works to ensure underrepresented students thrive and succeed at Kettering University.

It provides academic support services for students to facilitate their retention and graduation. It also creates and implements special activities and events geared toward creating positive self-images and professional development skills. MSI carries out pre-college programs to increase the number of underrepresented students qualified to pursue degrees at Kettering in science, technology, engineering, mathematics, and business.

OMSI provides these services for underrepresented students:

- Academic Excellence Workshops
- Maximizing Academic Growth in College [MAGIC] Seminars
- Mentoring
- Pre-college Programs
- Professional Development Advice
- Tutoring

New Student Orientation: Campus Orientation Meetings to Prepare Students for Academic and Social Success [COMPASS] and Camp COMPASS

COMPASS, our new student orientation program, provides new students with information and social opportunities that will facilitate a smooth transition to Kettering University. Carried out over four days immediately preceding the beginning of new students' first academic term, COMPASS presents students with a wide variety of opportunities for integration into the campus community, including meeting and getting to know faculty, staff, and students; learning about campus resources, where to obtain specific services, and how to transact business; finding out where to get help, etc. All new students must participate in COMPASS prior to attending classes for the first time.

Camp COMPASS, an off-campus leadership development program, is offered each Summer and Fall to new students and a select group of Kettering's student leaders. We encourage new students to take advantage of this unique program, designed to jump start their first year experience.

Parking

Parking of all motor vehicles at Kettering University is by permit only. Parking for students, faculty and staff is allowed in designated

permit lots only when vehicles are properly registered and display the appropriate parking identification. Parking permits may be obtained at the Campus Safety office located in the Campus Center. All campus visitors must register their vehicles with the Campus Safety office and obtain a Visitor's Permit. Parking regulations are posted throughout campus and on the Campus Safety web site (<http://www.kettering.edu/current-students/student-life/campus-safety>).

Recreation Services

Recreation Services provides facilities and programs to meet the recreational and fitness interests of the Kettering community and their families. Opportunities exist to practice and learn skills which lead to healthy and satisfying life-styles. Numerous competitive and cooperative activities provide an ideal environment to test one's skills and to develop athletic competency.

The Recreation Center features an open multi-sports forum with wood and synthetic flooring. It includes five volleyball courts or four basketball courts or two tennis courts. This area is also used for indoor soccer, the semi-annual graduation ceremonies, and an annual Robotics competition. Other amenities include three racquetball/wallyball courts, one squash court, a 1/8 mile suspended jogging track, locker rooms, steam rooms, 25-yard six-lane pool, spa, group exercise room, Fitness Room with Magnum, Life Fitness, and other exercise equipment, Weight Room featuring Cybex equipment, equipment issue area, Student Lounge, Sargent Alumni Lounge, and staff offices.

Fitness programs including aerobics, water aerobics, yoga, body fat testing, indoor cycling, and walking programs. Clinics to familiarize students with Recreation Center equipment and fitness assessments are available for students. A number of instructional programs including scuba, Learn to Swim, Running for Fitness, and Karate are offered.

Reservations and drop-in play are accommodated. Memberships are available for individuals residing with students. A publication entitled "Recreation Center Guidelines" is published annually to aid members in use of the facility. A validated Kettering University ID card is required for access to the Recreation Center.

Kettering Student Government

Kettering Student Government incorporates Student Senate, Operations Council, Academic Council, and Finance Council. Each year, the student body elects class representatives to the Student Senate, along with the Student Senate President, Vice President, and Administrator. This group's primary charge is to determine student needs, set guidelines and priorities for meeting these needs, and to ratify the President's appointment of a Director of Operations and a Treasurer.

The Student Senate oversees the general operation, approves planned programs and budget, and makes certain that actions of the Operations Council and Finance Council are consistent with the Student Government Constitution. The Student Senate also hears any appeals or grievances brought before it involving matters of constitutional interpretation.

Operations Council is responsible for planning, organizing, and conducting a comprehensive program of activities that meet the students' needs identified by the Student Senate. Areas of planned activities include such things as intramural athletic events, social events, special interest clubs, major events, production of the student newspaper, and management of WKUF radio station. The Director of Operations is responsible for appointing student chairpersons to the Operations Council.

Academic Council (AC) serves as the Student Government's primary channel of lobbying for student interest in academic matters. A few of the main objectives for AC are to create and evaluate proposals pertaining to University Policies and practices, investigate issues concerning academic quality for students of the University, and recommend the approval of resolutions and specific courses of actions concerning academic affairs.

Finance Council is responsible for maintaining up-to-date accounting records for each programming account, maintaining equipment inventories, formulation of the budget, and purchasing new equipment for students.

Women's Resource Center/Office of Women Student Affairs

The Clara Elizabeth Davidson Women's Resource Center serves as a focal point for all women on campus and provides both a place and a forum for programs that enhance their academic, professional, and personal development. Each term, the WRC presents programs planned and carried out by students, as well as a number of special events designed to ensure women's full participation in the professions.

Kettering's Office of Women Student Affairs (OWSA) provides leadership concerning women's issues to ensure our students live and learn in a productive climate that encourages them to reach their full potential. The OWSA sponsors a wide variety of resources for current and potential women students so they have the knowledge and information necessary to pursue their interests.

Fine and Performing Arts

Opportunities to participate in a variety of fine and performing arts are available to Kettering University students. Band, choir, watercolor painting, clay hand-modeling, photography and piano and guitar lessons have been offered dependent upon student interest.

Clubs and Organizations

Kettering University Clubs and Organizations Recognized by Kettering Student Government (KSG)

KSG recognizes and supports a variety of campus clubs and organizations which operate under the Constitution of Kettering Student Government. Students may obtain further information regarding these groups, and procedures on how they can start their own, through the Student Life office and in the Student Handbook.

Student Housing

On Campus Student Housing

Frances Willson Thompson Hall provides an on-campus living and learning community for all students. Several living options are available, including co-ed, single gender, and 24-hour quiet units. Thompson Hall's design affords maximum individual privacy; each resident occupies their own room within units of 30-40 residents. The residence hall is air conditioned, heated, and networked for the internet. Each student's room is equipped with a bed, desk, dresser(s), bookshelf, closet space, a Micro Fridge, telephone jack, and a computer jack. Resident Assistants [RA's] staff individual units. RAs and professional staff carry out programs and activities which contribute to students' personal development.

All first year students, including transfer students, are required to live in Thompson Hall for a minimum of two academic terms. Exceptions may be granted to students over 21 years of age, are married, have

children residing in the student's home, or have previously completed a minimum of two terms/one academic year in a residence hall at a college or university. Students who meet at least one of these requirements may request a housing contract release. Release applications may be obtained from the Director of Residence Life and must be submitted at least two weeks from the first day of any term. Contact the director of residence life at reslife@kettering.edu or review the Guide to Residence Life (<https://my.kettering.edu/current-students/student-life/student-life-offices/housing-thompson-hall/guide-residence-life>).